

## Daily Morning Prayer: Rite One

*Wednesday July 1, 2020*

### The Invitatory and Psalter

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit: as  
it was in the beginning, is now, and will be for ever. Amen. Alleluia.

*Officiant* Worship the Lord in the beauty of holiness:

*People* O come, let us adore him.

### **Venite** *Psalm 95:1-7*

O come, let us sing unto the Lord; \*

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving \*

and show ourselves glad in him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are all the corners of the earth, \*

and the strength of the hills is his also.

The sea is his, and he made it, \*

and his hands prepared the dry land.

O come, let us worship and fall down, \*

and kneel before the Lord our Maker.

For he is the Lord our God, \*

and we are the people of his pasture

and the sheep of his hand.

O worship the Lord in the beauty of holiness; \*

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, \*

and with righteousness to judge the world

and the peoples with his truth.

### **Psalm 119**

**Qoph** *Clamavi in toto corde meo*

145 I call with my whole heart; \*

answer me, O LORD, that I may keep your statutes.

- 146 I call to you;  
oh, that you would save me! \*  
I will keep your decrees.
- 147 Early in the morning I cry out to you, \*  
for in your word is my trust.
- 148 My eyes are open in the night watches, \*  
that I may meditate upon your promise.
- 149 Hear my voice, O LORD, according to your loving-kindness; \*  
according to your judgments, give me life.
- 150 They draw near who in malice persecute me; \*  
they are very far from your law.
- 151 You, O LORD, are near at hand, \*  
and all your commandments are true.
- 152 Long have I known from your decrees \*  
that you have established them for ever.

**Resh** *Vide humilitatem*

- 153 Behold my affliction and deliver me, \*  
for I do not forget your law.
- 154 Plead my cause and redeem me; \*  
according to your promise, give me life.
- 155 Deliverance is far from the wicked, \*  
for they do not study your statutes.
- 156 Great is your compassion, O LORD; \*  
preserve my life, according to your judgments.
- 157 There are many who persecute and oppress me, \*  
yet I have not swerved from your decrees.

158 I look with loathing at the faithless, \*  
for they have not kept your word.

159 See how I love your commandments! \*  
O LORD, in your mercy, preserve me.

160 The heart of your word is truth; \*  
all your righteous judgments endure for evermore.

**Shin** *Principes persecuti sunt*

161 Rulers have persecuted me without a cause, \*  
but my heart stands in awe of your word.

162 I am as glad because of your promise \*  
as one who finds great spoils.

163 As for lies, I hate and abhor them, \*  
but your law is my love.

164 Seven times a day do I praise you, \*  
because of your righteous judgments.

165 Great peace have they who love your law; \*  
for them there is no stumbling block.

166 I have hoped for your salvation, O LORD, \*  
and have fulfilled your commandments.

167 I have kept your decrees \*  
and I have loved them deeply.

168 I have kept your commandments and decrees, \*  
for all my ways are before you.

**Taw** *Appropinquet deprecatio*

169 Let my cry come before you, O LORD; \*  
give me understanding, according to your word.

170 Let my supplication come before you; \*  
deliver me, according to your promise.

171 My lips shall pour forth your praise, \*  
when you teach me your statutes.

172 My tongue shall sing of your promise, \*  
for all your commandments are righteous.

173 Let your hand be ready to help me, \*  
for I have chosen your commandments.

174 I long for your salvation, O LORD, \*  
and your law is my delight.

175 Let me live, and I will praise you, \*  
and let your judgments help me.

176 I have gone astray like a sheep that is lost; \*  
search for your servant,  
for I do not forget your commandments.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
As it was in the beginning, is now, and will be for ever. Amen.

## The Lesson

*Officiant*      A Reading from the Letter of Paul to the Romans  
*Chapter 7 verses 13 through 25*

<sup>13</sup> Did that which is good, then, bring death to me? By no means! It was sin, working death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure. <sup>14</sup> We know that the law is spiritual; but I am carnal, sold under sin. <sup>15</sup> I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. <sup>16</sup> Now if I do what I do not want, I agree that the law is good. <sup>17</sup> So then it is no longer I that do it, but sin which dwells within me. <sup>18</sup> For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. <sup>19</sup> For I do not do the good I want, but the evil I do not want is what I do. <sup>20</sup> Now if I do what I do not want, it is no longer I that do it, but sin which dwells within me.

<sup>21</sup> So I find it to be a law that when I want to do right, evil lies close at hand. <sup>22</sup> For I delight in the law of God, in my inmost self, <sup>23</sup> but I see in my members another law at war with the law of my mind and making me captive to the law of sin which dwells in my members. <sup>24</sup> Wretched man that I am! Who will deliver me from this body of death? <sup>25</sup> Thanks be to God through Jesus Christ our Lord! So then, I of myself serve the law of God with my mind, but with my flesh I serve the law of sin.

*Officiant*        The Word of the Lord.  
*People*            Thanks be to God.

#### **4 The Song of Zechariah**    *Benedictus Dominus Deus*

Blessed be the Lord God of Israel, \*  
for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us \*  
in the house of his servant David,  
As he spake by the mouth of his holy prophets, \*  
which have been since the world began:  
That we should be saved from our enemies, \*  
and from the hand of all that hate us;  
To perform the mercy promised to our forefathers, \*  
and to remember his holy covenant;  
To perform the oath which he sware to our forefather Abraham, \*  
that he would give us,  
That we being delivered out of the hand of our enemies \*  
might serve him without fear,  
In holiness and righteousness before him, \*  
all the days of our life.

And thou, child, shalt be called the prophet of the Highest, \*  
for thou shalt go before the face of the Lord  
to prepare his ways;  
To give knowledge of salvation unto his people \*  
for the remission of their sins,  
Through the tender mercy of our God, \*  
whereby the dayspring from on high hath visited us;  
To give light to them that sit in darkness  
and in the shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

#### **The Apostles' Creed**

I believe in God, the Father almighty,  
maker of heaven and earth;  
And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.

The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

#### The Prayers

*Officiant*      The Lord be with you.  
*People*          And with thy spirit.  
*Officiant*      Let us pray.

#### *Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

#### **Suffrages A**

V. O Lord, show thy mercy upon us;  
R. And grant us thy salvation.  
V. Endue thy ministers with righteousness;  
R. And make thy chosen people joyful.

V. Give peace, O Lord, in all the world;  
R. For only in thee can we live in safety.  
V. Lord, keep this nation under thy care;  
R. And guide us in the way of justice and truth.  
V. Let thy way be known upon earth;  
R. Thy saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.  
V. Create in us clean hearts, O God;  
R. And sustain us with thy Holy Spirit.

*The Officiant then says one or more Collects*

Collect of the Day

O Almighty God, who hast built thy Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their doctrine, that we may be made an holy temple acceptable unto thee; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for Grace on p. 57

O Lord, our heavenly Father, almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that we, being ordered by thy governance, may do always what is righteous in thy sight; through Jesus Christ our Lord. *Amen.*

A Collect for Mission on p. 58

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Amen.*

A Collect for the Unity of the Human Family

O God, thou hast made us in thine own image and redeemed us through thy Son Jesus Christ, the Prince of Peace: Give us grace seriously to lay to heart the great dangers we are in by our unhappy and unjust divisions; look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; and work through our struggles and confusion to accomplish thy purposes on earth; that we may be united in one holy bond of truth, and justice, peace and love;

through Jesus Christ our Lord. Amen.

### **The Parish Prayer List**

*Officiant* I bid your personal prayers here.

*After a moment of silence...*

*Officiant* Lord in thy mercy

*All* Hear our prayer.

### **The General Thanksgiving**

Almighty God, Father of all mercies,  
we thine unworthy servants  
do give thee most humble and hearty thanks  
for all thy goodness and loving-kindness  
to us and to all men.  
We bless thee for our creation, preservation,  
and all the blessings of this life;  
but above all for thine inestimable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we beseech thee,  
give us that due sense of all thy mercies,  
that our hearts may be unfeignedly thankful;  
and that we show forth thy praise,  
not only with our lips, but in our lives,  
by giving up our selves to thy service,  
and by walking before thee  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. *Amen.*

*Officiant* Let us bless the Lord.

*All* Thanks be to God.

*Officiant* Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*